

OTHER USEFUL ORGANISATIONS

There are lots of other organisations that can give you information or support.
Details correct at the time of printing.

Bowel Cancer Support Organisations

Bladder and Bowel Community

Home Delivery Service: **0800 0351 5406**

Email: help@bladderandbowel.org

Web-site: www.bladderandbowel.org

Provides information and advice on bladder and bowel symptoms.

Bowel Cancer UK

Email: admin@bowelcanceruk.org.uk

Email: 'Ask the Nurse' nurse@bowelcanceruk.org.uk

Web-site: www.bowelcanceruk.org.uk

Gives information and support to people affected by bowel cancer.

England and Wales Tel: **0207940 1760**

Email: admin@bowelcanceruk.org.uk

Scotland Tel: **0131 285 3846**

Email: scotadmin@bowelcanceruk.org.uk

Northern Ireland Tel: **07798 523 668**

Email: niadmin@bowelcanceruk.org.uk

Papillon Radiotherapy

Web-site: www.contractpapillon.com

A web-site dedicated to Papillon radiotherapy. It is run by people with cancer and carers. It gives information about what Papillon radiotherapy is and has a forum where you can share your feelings, questions or tips with others.

GENERAL CANCER SUPPORT ORGANISATIONS

Cancer Black Care Tel: **0208961 4151**

Web-site: www.cancerblackcare.org.uk

Offers UK-wide information and support for people from Black and Ethnic minority communities who have cancer. Also supports their friends, carers and families.

Maggie's

Tel: **0300 123 1801**

Email: enquiries@maggies.org

Web-site: www.maggies.org

Has a network centres in many locations throughout the UK. Provides free information about cancer and financial benefits. Also offers emotional and social support to people with cancer, their family and friends.

Riprap

Web-site: www.riprap.org.uk

Developed especially for teenagers in the UK who have a parent with cancer. Has an online forum where teenagers going through similar experiences can talk to each other for support.

Tenovus

Helpline: **0808 808 1010** (Mon to Fri, 09:00am to 17:00pm and Sat to Sun, 10:00am to 13:00pm)

Web-site: www.tenovuscancercare.org.uk

Aims to help everyone in the UK get equal access to cancer treatment and support. Funds research and provides support such as mobile cancer support units, free helpline, benefits advice and an online **Ask the nurse service**.

General Health Information

Health and Social Care in Northern Ireland

Web-site: www.hscni.net

Provides information about health and social services in Northern Ireland

NHS UK

Web-site: www.nhs.uk

the biggest information about health information web-site. Has service information for England

NHS Direct Wales

Web-site: www.nhsdirect.wales.nhs.uk

NHS health information site for Wales

NHS Inform

Helpline: **0800 22 44 88** (7 days a week, 08:00 am to 20:00 pm)

Web-site: www.nhsinform.scot

NHS health information site for Scotland.

Counselling

British Association for Counselling and Psychotherapy (BACP)

Tel: **01455 883 300**

Email: bacp@bacp.co.uk

Web-site: www.bacp.co.uk

Promotes awareness of counselling and signposts people to appropriate services across the UK. You can search for a qualified counsellor at

www.itsgoodtotalk.or.uk

Emotional and Mental Health Support

Samaritans

Helpline: **116123**

Email: jo@samaritans.org

Web-site: www.samaritans.org

Provides confidential and non-judgemental emotional support, 24hours a day, 365 days a year, for people experiencing feeling of distress or despair.

Financial Support of Legal Advice and Information.

Advice NI

Helpline: **0800 915 4604**

Email: advice@adviceni.net

Provides advice on a variety of issues including financial, legal, housing and employment issues.

Benefit Enquiry Line Northern Ireland

Helpline: **0800 232 1271 (Mon, Tue, Wed, and Fri, 09:00am to 17:00pm and Thu, 10:00am to 17:00pm).**

Textphone: **028 9031 1092**

Web-site: www.nidirect.gov.uk/money-tax-and-benefits

provides information and advice about disability benefits and carers benefits in Northern Ireland.

British Red Cross

Tel: **0344 871 11 11**

Textphone: **020 7562 2050**

Email: contactus@redcross.org.uk

Web-site: www.redcross.org.uk

Offers a range of health and social care services across the UK, such as care in the home, a medical equipment loan service and a transport service.

Citizen Advice

Provides advice on a variety of issues including financial, legal, housing and employment issues. Use their online webchat or find details for your local office in the phone book or by contacting:

England

Helpline: **0800 144 8848**

Web-site: www.citizensadvice.org.uk

Scotland

Helpline: **0800 028 1456**

Web-site: www.cas.org.uk

Wales

Helpline: **0800 702 2020**

Web-site: www.citizensadvice.org.uk/wales

Disability and Care Services

Tel: **0800 587 0912 (Mon to Fri, 10:00am to 16:00pm)**

Textphone: **0800 012 1574**

Web-site: www.nidirect.gov.uk/contacts/disability-and-carers-services

Manages Disability Living Allowances, Attendance Allowance,

Carer's Allowance and Carer's Credit in Northern Ireland. You can apply for these benefits and find information on line or through its helpline.

GOV.UK

Website: www.gov.uk

Has information about social security benefits and public services in England, Scotland and Wales.

Jobs and Benefits Office Enquiry Line Northern Ireland

Helpline: **0800 022 4250 (Mon, Tue, and Fri, 09:00am to 17:00pm and Thur, 10:00am to 17:00pm)**

Textphone: **028 9031 1092**

Website: www.nidirect.gov.uk/money-tax-and-benefits

Provides information and advice about disability benefits and carers benefits in Northern Ireland

Macmillan Benefits Advice Service (Northern Ireland)

Tel: **0300 1233 233**

Support for older people

Age UK

Helpline: **0800 678 1602 (daily 08:00 to 19:00pm)**

Website: www.ageuk.org.uk

Provides information and advice for older people across the UK via the web-site and advice line. Also publishes impartial and informative fact sheets and advice guides.

LGBT-specific support

Tel: **0345 330 3030 (Mon to Fri, 09:00am to 21:00pm)**

Email: helpline@lgbt.foundation

Support for Carers

Carers UK

Helpline: **0800 808 7777 (England, Scotland, Wales, Mon to Fri, 09:00am to 18:00pm)**

Helpline: **028 9043 9843 (Northern Ireland)**

Website: www.carersuk.org

Offers information and support to carers across the UK. Has an online forum and can put people in contact with local support groups for carers.

Cancer Registries

The cancer registry

A national database that collects information on cancer diagnoses and treatment. This information helps the NHS and other organisations plan and improve health and care services. There is one in each country in the UK.

National Cancer Registration and Analysis Service

Tel: **0207 654 8000**

Email: enquiries@phe.gov.uk

Web-site: www.ndrs.nhs.uk

Tel: (Ireland) **0214318014**

Web-site: [www.ncri\(Ireland\)](http://www.ncri(Ireland))

Scottish Cancer Registry

Web-site: www.ndrs.nhs.uk/cancer-registration-your-rights-and-privacy

Welsh Cancer Intelligence and Surveillance Unit (WCISU)

Tel: **0292 010 4278**

Web-site: www.nhs.wales/services-and-teams/welsh-cancer-intelligence-and-surveillance-unit-wcisu

Northern Ireland Cancer Registry

Tel: **0289 097 6028**

Email: nicr@qub.ac.uk

Web-site: www.qub.ac.uk/nicr