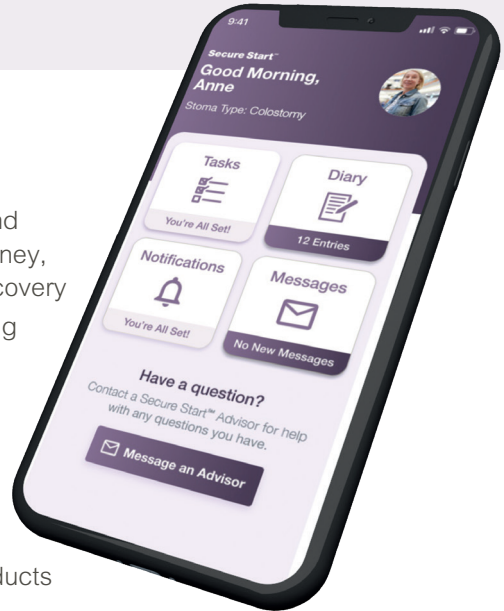


# Here for you through your colostomy surgery and recovery

Colostomy

## Secure Start<sup>SM</sup> Services Ostomy Journey Companion App

- Receive notifications with relevant tips and information for where you are in your journey, before your surgery and through your recovery
- Add a caregiver to help support you along the way
- Access educational videos, articles, FAQs and more at any time, specific to your stoma type
- Maintain important stoma care and product information
- Set a reminder to order your ostomy products
- Keep a diary of your progress
- Message the **Secure Start<sup>SM</sup>** Services team
- Feel more connected to others in the community

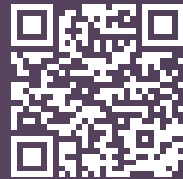


### How to get started today:

**Step 1:** Scan this QR code to begin.

**Step 2:** Enter your information to create your app login.

**Step 3:** Select App Store or Google Play to download the app and sign in.



For technical support please see the following options:

**Email:** [support@uk.securestart.app](mailto:support@uk.securestart.app)  
**Phone Support:** +44 (0) 808 169 4880  
**Help Centre:** [www.help.uk.securestart.app](http://www.help.uk.securestart.app)

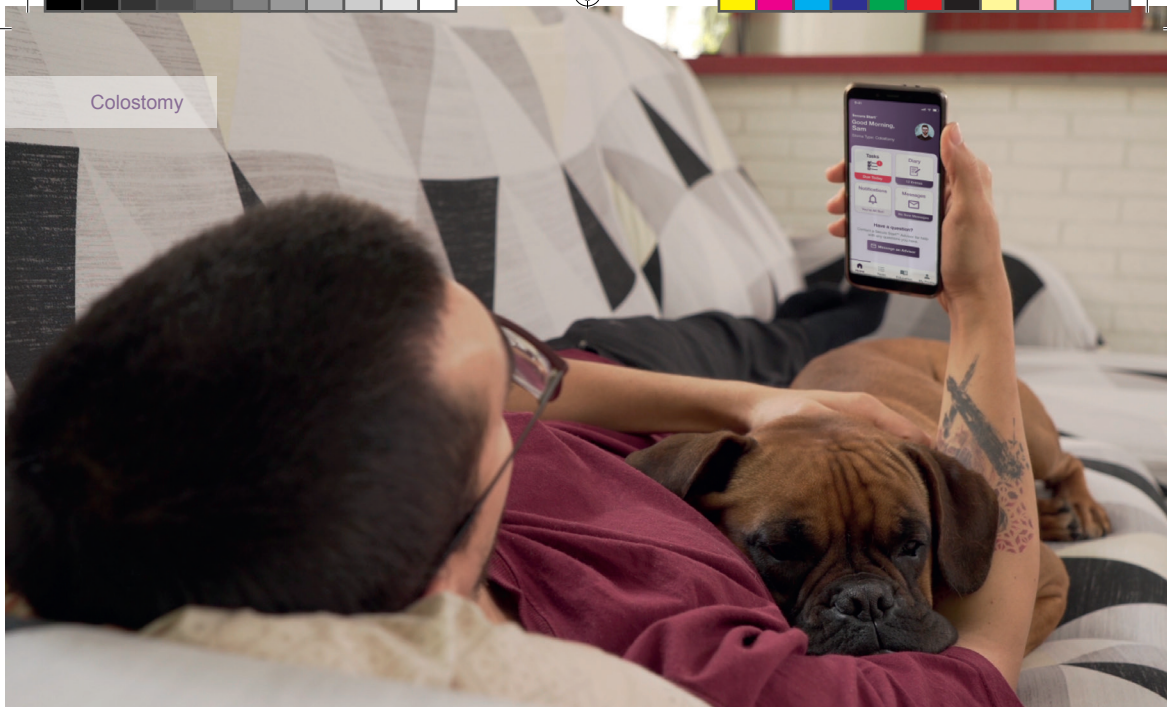


Secure Start<sup>SM</sup> Services  
Ostomy Journey Companion App



**Secure Start<sup>SM</sup>**

Colostomy



## Welcome to **Secure Start**<sup>SM</sup> Services

We're here to help support you on your journey – from hospital to home and beyond. We provide a lifetime of free stoma care support for you for as long as you need us, regardless of the brand of products you use. Learn more about us at [www.securestart.co.uk](http://www.securestart.co.uk)



The **Oostomy Journey Companion App** is a digital extension of these services, designed to help promote timely education from the start and support emotional well-being with a focus on pre-surgery through the first few months of having a stoma.

By creating your app account, you will have full access to **Secure Start**<sup>SM</sup> services.

**Turn over** for your QR code to create your app login.

The information provided herein is not medical advice and is not intended to substitute for the advice of your personal physician or other healthcare provider. This information should not be used to seek help in a medical emergency. If you experience a medical emergency, seek medical treatment in person immediately.

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**Secure Start**<sup>SM</sup>